GENERAL DAY OF SURGERY INFORMATION

• Do not eat anything after midnight (no food, candy or gum)
• DRINKS: Clear liquids are allowed 5 hours prior to your scheduled surgery time. Then nothing by mouth including clear liquids.
• Water
• Black coffee (do not add milk products or nondairy creamers)
• Tea (no additives)
• Apple or cranberry drink
• Medications as directed by the Pre-Admission Nurse or your Doctor may be taken with a SIP of WATER ONLY on the day of surgery.
• For patients receiving anesthesia, it is mandatory to have an adult drive you to and from the Hospital on the day of surgery. Please arrange for your transportation prior to the day of surgery.
• Remove all makeup, jewelry, false eyelashes/nails, and nail polish.
• Wear loose fitting clothing.