



## **GENERAL DAY OF SURGERY INFORMATION**

- Do not eat anything after midnight (no food, candy or gum)
- DRINKS: Clear liquids are allowed 5 hours prior to your scheduled surgery time. Then nothing by mouth including clear liquids.
- Water
- Black coffee (do not add milk products or nondairy creamers)
- Tea (no additives)
- Apple or cranberry drink
- Medications as directed by the Pre-Admission Nurse or your Doctor may be taken with a SIP of WATER ONLY on the day of surgery.
- For patients receiving anesthesia, it is mandatory to have an adult drive you to and from
- the Hospital on the day of surgery. Please arrange for your transportation prior to the day of
- surgery.
- Remove all makeup, jewelry, false eyelashes/nails, and nail polish.
- Wear loose fitting clothing.