



GENERAL HOME CARE INSTRUCTIONS

HAND/ELBOW SURGERY

- You will need to keep your surgical hand/arm elevated on pillows as much as possible for a few days.
- You will need to keep your bandage clean and dry. You will need to cover your bandage with a plastic bag to shower.
- You may have limited use of the hand/arm for a period of time after surgery.
- More specific instructions will be given on the day of surgery. Please contact your surgeon's office if you have additional questions.