



Pre-Operative Skin Preparation and Cleaning

The Evening Two Days Before Your Surgery:

1. Wash your hair and face with the soap you normally use.
2. Do not shave your surgical area
3. Apply half a bottle of Hibiclens (CHG) soap to your body from the neck down. Do not apply the soap directly to your genital area, eyes, or ear canal.
4. Turn water off to prevent rinsing the Hibiclens (CHG) soap off too soon. Wash your body gently for 5 minutes. Pay special attention to the surgical site. Do not scrub your skin too hard. Do not wash with your regular soap after the Hibiclens (CHG) soap is used.
5. After this soap has been on your skin for 5 minutes, rinse your body thoroughly.
6. Pat yourself dry with a clean towel. Put on clean night clothes.
7. Do not put anything on your hair, face, or skin after you shower.

The Evening Before Your Surgery:

1. Repeat above steps. Use the rest of the Hibiclens (CHG) soap. Put on clean clothes.
 - a. Do not apply any deodorants, perfumes, powders to your body.
 - b. Do not apply any oils, gels, or spray to your hair. Remove all hairpins.
 - c. Do not wear any nail polish on your fingers or the toes of your surgical leg.
 - d. Do not wear any make-up.