



GENERAL HOME CARE INSTRUCTIONS

SHOULDER SURGERY

- You will be given an ice pack to use on your shoulder for a few days.
- To reduce swelling, do not lie flat for a few days.
- You will have a sling.
- You will not be able to shower for a few days.
- You may have limited use of your arm.
- More specific instructions will be given on the day of surgery. Please contact your surgeon's office if you have additional questions.